



# WOMEN OF DISTINCTION NOMINATION FORM

SUBMISSION DEADLINE: Monday, Jan. 28, 2019

Since 2011, the Missouri Athletic Club has annually honored six local women who have been revolutionary in business, civic engagement, philanthropic programs and mentorship. Our honorees have made significant impact in many different ways, but mostly through demonstrating excellence, growth, grit, and empathy. In 2019, the MAC will continue the tradition of honoring six women as well as honor one Rising Star. The Rising Star should be someone 35 years of age or less who is leading the next generation of professional women to new heights. To nominate a woman for these prestigious awards, please review and complete the form below.

Nominee Name: \_\_\_\_\_

Home Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_

Is she age 35 or younger?  Yes  No      Should she be considered for the Rising Star?  Yes  No

Nominated By: \_\_\_\_\_

Home Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

## SELECTION CRITERIA

The Woman of Distinction nominee should meet the following criteria:

- **Excellence in her business, personal, civic, or philanthropic role.**
- **Growth in her endeavors or in helping facilitate growth as a mentor for others.**
- **Grit in pursuing her goals.**
- **Empathy in how she deals with others.**

*Note: All nominees are encouraged to attend the awards luncheon on April 12, 2019. A woman who is selected as a MAC Woman of Distinction is highly encouraged to attend the luncheon.*

## SUBMISSION PARAMETERS

- Obtain the permission of your nominee to submit her nomination. Self nominations will be considered.
- Complete this nomination and biography form. Nominees will be scored based on the selection criteria so please attempt to describe how the nominee demonstrates these characteristics.
- Include a high-resolution photo and one paragraph (max. 100 words) bio summary.
- Letters of recommendation are not necessary, but are recommended to submit with the completed form.

Submit nomination forms by Monday, January 28, 2019 to Katie Maurer at:

Missouri Athletic Club

405 Washington Avenue

St. Louis, MO 63102

or

kmaurer@mac-stl.org

The MAC's Women's Initiative Group will review the nominations and select the Women of Distinction based on the criteria listed in the Selection Criteria section of this nomination form.

## BIOGRAPHY FORM OVERVIEW

In the following sections, please include examples of all (business, civic and/or philanthropic) relevant professional achievements, leadership activities, and character examples, and list specific names of companies, programs and activities as well as the number of people reached by her service. If you need additional space, please limit the biography submission to two pages only.

Nominee Name: \_\_\_\_\_

## EXAMPLES OF EXCELLENCE

Of the following, which best describes how the nominee demonstrates *excellence in her business, personal, civic, or philanthropic role*? Please check one and elucidate.

Business  Civic  Philanthropic  Education  Wellness

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## EXAMPLES OF GROWTH

Of the following, which best describes how the nominee demonstrates *growth in her endeavors or in helping facilitate growth as a mentor for others*? Please check one and elucidate.

Business  Civic  Philanthropic  Education  Wellness

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## EXAMPLES OF GRIT

Of the following, which best describes how the nominee demonstrates *grit in pursuing her goals*? Please check one and elucidate.

Business  Civic  Philanthropic  Education  Wellness

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## EXAMPLES OF EMPATHY

Of the following, which best describes how the nominee demonstrates *empathy in how she deals with others*? Please check one and elucidate.

Business  Civic  Philanthropic  Education  Wellness

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